# PLANET HEALTH



Planet health is more important than individual and community health: Dr. CP Habeeb Rahman

Kuala Lumpur: (November 2019)

Turbulence of today's chaotic global scenario is a serious alert message to all leaders in all nations to focus more on planet health than looking about individual and community health; said Dr. CP Habeeb Rahman, Chairman of Unity. He was addressing the leaders from various organisations from over hundred nations who were gathered at Kuala Lumpur to discuss about the collective actions in developing future favourable for peaceful living in the planet and collaborative coexistence the entire eco system in the world.



Two days conference was organised by world confederation of business, Houston, America. The fifteen year old world confederation of business popularly known as WORLDCOB has 3500 member organisations spread over hundred and thirty countries who share ideas for collaboration between one another.

Planet Health has become a very valid topic for introspection today!

"Dr. C P Habeeb Rahman was awarded for inspirational leadership in the conference. He was the only Indian among the awardees. There were hundred and fifty participants from 130 countries in the conference."

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#### CONTRIBUTE DROPS OF EFFORTS TO SOLVE OCEAN OF PROBLEMS!



Issues are global and solutions also have to be identified at global level. Implementation of globally accepted solutions but has to get done very carefully at local level, community level and institutions level; Dr. C. P. Habeeb Rahman told the leaders. Everyone individually and collectively should come forward to take up the responsibility. Together we

can do a lot. Every step taken towards planet health will get rewards in abundance.

We should give importance for every bit of good work that happens at any corner of the nation. All should contribute their drops of efforts to solve the ocean of problems that are created by the global society in total.

## PLANET EARTH IS A FLIGHT BY ITSELF!

"Our planet may not collapse for any mistakes in its make."

Planet Earth is like a supersonic flight. Orbital speed of Planet Earth around the sun is about 107,000 km/hour. We should know about how the planet earth remains stable even when it is flying at an unimaginable speed.

Our planet may not collapse for any mistakes in its make, but it can happen due to our selfishness & wrong doings. We should learn lessons from response of the planet. Climate change is a sign. Entire Europe is at verge of a submerging.

### NO PART OF THE EARTH IS A SAFE PLACE TODAY!



No part of the earth is a safe place today. This is because of three types of disconnects of human beings. We are largely disconnected from nature. We are also disconnected from fellow human beings. Adding to all that we are now very much disconnected from ourselves. There are more deaths due to suicide than by war and other violence.

The world is moving towards a dangerous situation. Finance. Food. Fuel. Water shortage. Resource scarcity. Climate chaos. Mass poverty. Mass migration. Fundamentalism. Terrorism. Financial Oligarchies. Problems are at the peak everywhere. No one knows where world is heading.

# Now is our time!

We have entered an age of Disruption. Yet the possibility of profound personal, societal, and global renewal has never been more real.

Now is our time. We have to ponder and respond to the situation that we are in. Our moment of disruption deals with death and rebirth.

What's dying is an old civilization and a mind-set of maximum "me".

Maximum material consumption is no more a safe thing. Bigger is better is no more a strategy in coming days.



Special interest group driven decision making has lead us into a state of organized irresponsibility. We are now collectively creating certain results that nobody wants. We need to change to withstand with the changing times!

### WE ARE MORE ISOLATED AND SELF-CENTERED

All that the people are looking for is to become much more isolated and self-centred. Everyone love to make profit at others cost. Humanity has reached a level where people think as big is always better than being small and compact. The word "me" has become more important than we and we are not worried about planet being perished for want of our selfish interests.

Where can we go when the entire planet is about to perish? We need to think loud. This question is relevant for everyone inclusive of individuals, institutions and nations. Every child in the universe need to take part in a global revamping process and it has to begin from everywhere spontaneously and simultaneously.

"Where can we go when the entire planet is about to perish? We need to think loud."

"These kind responsible responses are seen and heard from various parts of the world. We need to connect the dots and read the large picture. Wisdom of the universe cannot be ignored ultimately."

#### DR. C P HABEEB RAHMAN



We are connected with one another!

Present economy is based on human ego systems. We compare ourselves with others. We wanted to measure our happiness materially in comparison with other people & their possessions.

This has no meaning. Every human is unique and every story is a scoop and exclusive to the whole surroundings around. We should move to a new eco system. We should identify the core self within ourselves and should start our story from inside.

Lot of importance should be given for our soul-mind-body connection. We should also understand the quantum connectivity. Everyone and everything are connected with one another.

We cannot separate ourselves from the universe. What happens to one unit of life has an impact on the whole life of the whole universe.

### LIONS HUNT ONLY WHEN THEY ARE HUNGRY!

Animals understand this much better than human beings. We can understand this with their behaviors.

Lions hunt only when they are hungry. Same is the case of other animals as well. Human is but behaving indifferent and the rate of our misbehaviors has gone exorbitantly high. We are but very much unpredictable people today.

Now that the nature started to bounce back and respond to human conducts and misbehavior equally unpredictable, it is time for us to be very serious about it. We may not get many more chance to repeat our mistakes. Now is the time!

